

## Visiting GMRI

The Gulf of Maine Research Institute (GMRI) is located at 350 Commercial Street, Portland, Maine 04101. Our business hours are 8:00 am – 5:00 pm, Monday – Friday; however, we are only open to the public for select [events](#) and scheduled visits.

### Getting Here:

- Parking is free for all GMRI staff and visitors. If you receive a ticket while visiting GMRI, please contact the parking company or GMRI reception to clear the ticket.
- We have 10 electric vehicle (EV) chargers available for use in our parking lot. The market charging rate is available on [PlugShare](#) and fluctuates depending on season and current electrical chargers. You can pay with a credit card by following instructions posted at chargers.
- GMRI has a bike rack near our rear entrance that is available for staff and visitors.
- For metro riders, the closest bus stops are York St/State St, York St/Pleasant St, and High St/Spring St on select routes (e.g., 21, 24A, and 24B). Maps and route information are available on the [Greater Portland Metro](#) website.

### Building Accessibility:

- GMRI has three entrances on our front, rear, and side (facing the parking lot). **We encourage visitors to use the front and rear entrances**, which are fully accessible and compliant with Americans with Disabilities Act (ADA) guidelines.
- GMRI's building is typically locked outside of public events. If you are attending a private event/visit and your host is not already waiting in the lobby, please ring the doorbell to be let in.
- The following facilities are available and marked on the map above:
  - Elevator (no key card or code required for use).
  - Restrooms on all levels, including multi-stall gender neutral restrooms (2<sup>nd</sup> floor) and a single-stall gender neutral restroom (1<sup>st</sup> floor).
  - Lactation room for nursing parents (2<sup>nd</sup> floor). If needed, please reach out to your host or the event coordinator to schedule use.

- Coffee/tea station (3<sup>rd</sup> floor, atrium) and kitchen, including sink, fridges, and microwaves (3<sup>rd</sup> floor). Please note that these spaces are self-service and that everyone is responsible for cleaning up after themselves.

### Event Accessibility:

- Our primary event spaces include the Cohen Center for Interactive Learning (1<sup>st</sup> floor) and the TD Bank Boardroom (3<sup>rd</sup> floor). Both rooms are equipped with audio/visual systems including microphones, adjustable blinds and lighting, etc.
- We strive to make GMRI [events](#) and gatherings as accessible as possible. If you have a specific accommodation request (e.g., assistive listening systems, translation or American Sign Language (ASL) interpretation, food or environmental allergies, scent-free spaces), please reach out to the event coordinator. Although GMRI may not be able to meet all accommodation requests, our staff will work with you to determine which options are available.
- Event policies to be aware of:
  - The side door (facing the parking lot) is generally locked during events for security reasons; we encourage visitors to use the front and rear entrances instead.
  - Office spaces are not accessible to the public during events.
  - Pets are not allowed in the building, but service animals are welcome.

If you have any additional questions related to a specific event or visit, please contact your host or the event coordinator. For general questions, email [info@gmri.org](mailto:info@gmri.org) or call (207) 772-2321.